Quick Start Guide

Before using the monitor for the first time, carry out the following steps:

1. Insert the batteries.
2. Insert the (strip) code chip and leave it in place until all the strips from the same vial are finished.
3. Turn the meter ON and set the current date and time.
4. Select the coagulation display unit to desired setting (INR, seconds or % Quick Time).

5. **Wash your hands** with soap and water.

6. **Put a test strip in the CoaguChek XS and close the strip vial**.

   The code number of the code chip inserted in the monitor flashes in the display. Check that this number is identical with the code number printed on the label of the test strip vial, and confirm by pressing the M button.

7. **Prepare your finger and lancing device**.

   Wait for the blood drop symbol to flash on the meter, indicating that the monitor is ready to test. You have a 180-second countdown to place a drop of blood on the strip.

   First, prepare your finger and lancing device. Gently massage your arm and hand to bring more blood to your finger tip so that it turns slightly red.

8. **Prepare your finger and lancing device**.

   Let a drop of blood form, and place the blood on the strip area within 15 seconds of pricking your finger, apply the blood directly from the finger to the center (or side) of the transparent sample application area of the test strip.

9. **Read the result on the CoaguChek® display**.

   After 1 minute, results will be displayed in the unit selected: INR, Seconds, or % Quick Value.

   Your CoaguChek® XS meter can retain up to 100 results. It is also recommended that you record your results in a log book or software application for monitoring your overall time in the therapeutic range (TTR).