



# CoaguChek® XS PT Test

**EN** *Test strips for the quantitative in vitro determination of prothrombin time\* in capillary blood or from non-anticoagulated venous blood using CoaguChek XS/XS Plus/XS Pro meters.*

*Suitable for self-testing.*

\* Also known as Quick's test or Quick's value or under the abbreviation PT.

**Test principle** • Electrochemical measurement of prothrombin time following activation of blood coagulation with human recombinant thromboplastin. Each test strip has a test area containing a prothrombin reagent. When blood is applied, the reagent is solved and an electrochemical reaction takes place which is transformed into a clotting time value being displayed on the meter screen in INR units.

**Contents of the pack** • CoaguChek XS PT test strips, 1 code chip.

These instructions feature two symbols that draw your attention to important information:

- This symbol indicates that the result could possibly be incorrect or that you could be at risk of damaging your health.
- This symbol draws your attention to other important information.

**Measuring range and therapeutic range** • The CoaguChek XS/XS Plus/XS Pro meter can display results in the following units: INR (International Normalized Ratio), % Quick and seconds.

**The measuring ranges are as follows:**  
0.8–8.0 INR (5–120 % Quick)

Your treating physician will tell you what your individual therapeutic range is.

The relationship of INR to % Quick may vary slightly depending on the particular lot of CoaguChek XS PT Test.

**How to proceed if test results are outside the therapeutic range** • If the measured PT result is unusually high or low repeat the test. If the PT result is still outside the therapeutic range specified by your treating physician, immediately contact your physician and ask for the appropriate (anticoagulant) measures to take in order to reduce risks that could be encountered due to excessive anticoagulation (danger of bleeding) or insufficient anticoagulation (risk of thrombosis).

**Notes on PT self-testing** • In cases where PT self-testing by the patient supplements physician care, the following should be noted: PT self-testing supplements physician care, but is not a substitute for it. PT self-testing gives the anticoagulated patient more security in everyday life. Results should be recorded in a notebook (patient's logbook) and presented to the physician at every consultation. This makes it easier for the physician to assess the overall quality of therapy management.

**Sample material** • Use only fresh capillary blood or venous whole blood with no anti-coagulants (heparin, EDTA, citrate, oxalate, or other substances) added. If you use capillaries, please use only the dedicated CoaguChek capillary tubes ([REF](#) 11621173).

**Stability and storage** • When kept at **room temperature (2–30 °C)** or **refrigerated**, the test strips can be used up until the expiry date printed on the pack and test strip container.

**Immediately after removing a test strip, close the container again with the stopper in order to stop the remaining test strips from deteriorating through exposure to external influences, e.g. humidity.**

**Additional items needed** • CoaguChek XS/XS Plus/XS Pro meter with User's Manual, lancing device and lancets (e.g. CoaguChek Softclix Lancet and Accu-Chek Safe-T-Pro/Plus from Roche).

The CoaguChek Softclix Lancet has been specifically developed for self-monitoring by the patient. **It is not suitable for use in hospitals or for testing different persons as there is a risk of contamination.** Health care professionals performing tests on more than one patient must be aware that there is a potential risk of infection. Any object coming into contact with human blood is a potential source of infection.

**Before you test** • Before carrying out your first blood test, please read the User's Manual for your CoaguChek XS/XS Plus/XS Pro meter carefully to acquaint yourself with the way it works.

**Getting ready**

Each code chip belongs to a particular lot of test strips. Make sure that the number on the code chip matches the number on the label of the test strip container. If you have opened a new pack of CoaguChek XS PT test strips, you must

replace the code chip from the old pack (if still in the meter) with the one supplied in the new pack.

Every time you insert a test strip in the CoaguChek XS meter the display shows the number of the code chip that is inserted in the meter. At this point you must compare the code number you see on the display with the number that is printed on the test strip container and confirm by pressing the M button (do not remove the code chip from the meter when you do this). The two numbers must be identical.

- Using the wrong code chip can produce incorrect results.
- Perform the test as described in the User's Manual and in this package insert. All operating steps are described and illustrated in detail in the User's Manual supplied with the meter.
- Carefully wash your hands with soap and warm water. Then thoroughly dry them with a clean towel before you lance a fingertip with the lancing device to draw the drop of blood required.
- Prepare the lancing device by inserting a **new** lancet. Prime the lancing device. **Use lancets only once** because of the possible infection risk. A used lancet is a perfect breeding site for germs. Please refer to the instructions for use that come with the lancing device and the CoaguChek XS/XS Plus/XS Pro meter.

**Collecting sample and testing**

**Before each test make sure that the correct code chip for that lot of test strips is inserted in the meter.** • Place the meter on a level surface or hold it in your hand so that it is roughly horizontal. Use the test strip within 10 minutes from the time you took it out of its container. **Immediately after removing a test strip, close the container again with the stopper.**

**Collecting a blood sample** • Test fresh capillary or venous blood immediately. Apply the blood drop to the test strip within 15 seconds of lancing the fingertip. Applying blood later than that may produce an inaccurate result, as the coagulation process will already have begun.

**Please note the following when using capillary blood from a fingertip** • Apply the first drop of blood to the CoaguChek XS PT test strip. Never add more blood to the test strip after the test has begun or perform another test with blood from the same puncture site. You can either apply the drop of blood to the sample application area of the strip from above, or hold it against the side of the sample application area. The test strip draws up the blood by capillary action. You hear a beep tone when you have applied enough blood (provided the beep tone is turned on).

Perform the test exactly as described in the User's Manual for your CoaguChek XS/XS Plus/XS Pro meter.

**Do not touch or remove the CoaguChek XS PT test strip when a test is in progress. Wait until the result is displayed.** • Record the test result in your logbook. After testing, you can discard the used lancet and CoaguChek XS PT test strip with your regular household waste. **Healthcare professionals:** Dispose of used items in line with the disposal and infection prevention policy of your hospital, institute or medical practice.

**CoaguChek XS/XS Plus/XS Pro System and quality control checks** • The CoaguChek XS/XS Plus/XS Pro System has a number of inbuilt system checks. For details, please refer to the User's Manual for your CoaguChek XS/XS Plus/XS Pro meter. The test strip has an integrated quality control function. Quality control and system checks with test fluids as used in certain other systems are generally not required by the CoaguChek XS/XS Plus/XS Pro System. However, certain local restrictions may apply, please follow your local guidelines and regulations.

**Products only deliver reliable results when they are used as intended.**

**Possible causes of error and interference**

If problems occur during testing, please check the following:

- Are you testing exactly as described in the User's Manual for your CoaguChek XS/XS Plus/XS Pro meter and in this package insert? Please read the instructions carefully.
- Have you correctly stored the CoaguChek XS PT test strips (see the "Stability and storage" section of this insert)? Always make sure the test strips are correctly stored and that you carry out the test within 10 minutes of removing a test strip from its container. **Immediately after removing a test strip, close the container again with the stopper.**
- Is the meter displaying "ERROR 7"? In rare cases, patients with abnormal or unusually long clotting times may receive an "ERROR 7" message. If you still receive this message when you repeat the test, you must use an alternative test method to confirm the result. Contact your physician without delay.
- Is the test strip guide dirty? Clean the meter as described in the User's Manual. Repeat the test with a new test strip.
- If you receive other error messages, please refer to the User's Manual for your CoaguChek XS/XS Plus/XS Pro meter.

**Cleaning and disinfection instructions**

Please follow the instructions provided in the User's Manual if the serial number of your meter is greater than UP0400000/ UQ0040000/U76001453 For meters with lower serial numbers please follow the cleaning and disinfecting instructions below: Failure to follow the procedures may cause malfunction of the device.

**Do not use sprays of any sort! Ensure that swab or cloth is only damp, not wet!**

*Cleaning/disinfecting the meter housing*

- Ensure that the blue test strip guide cover remains tightly closed while cleaning the housing.

- Do not let liquid accumulate near any opening. Make sure that no liquid enters the meter.
  - Wipe away residual moisture and fluids after cleaning the housing.
  - Allow wiped areas to dry for at least 15 minutes before performing a test.
- Cleaning/disinfecting the test strip guide*
- Use only ≥ 91 % Isopropanol, ≥ 79 % Ethanol or a mixture of 1-propanol / 2-propanol / ethanol / water (e.g. Bacillol tissues) as cleaning agents.
  - Hold the meter upright with the test strip guide facing down.
  - Apply agent for the minimum required contact time (refer to the corresponding product labeling). Wipe away residual moisture and fluids.
  - Let the inside of the test strip guide dry for about 15 minutes before re-attaching the test strip guide cover and start testing again.
- Please contact your local Roche customer service if*
- error 4 appears when turning on the instrument first time after cleaning.
  - error 8 appears during the first measurement after cleaning.
  - error 9, an internal temperature error, appears.

**Notes for physicians and laboratory personnel**

**Intended use** • For determination of prothrombin time (PT/INR) in patients on oral anticoagulant therapy with vitamin K antagonists.

**Composition** • The test strip contains reagent (human recombinant thromboplastin 1.5 U), as well as stabilizers, preservatives and additives.

**Test limitations and known interferences** • The blood drop must be a minimum of 8 µL in volume. Low sample volume will cause an error message. • Hematocrit ranges between 25% and 55% do not significantly affect test results.

Testing performed with the following in vitro spiked samples or native blood samples (Triglycerides) indicated no significant effect on test results:

- Bilirubin up to 513 µmol/L (30 mg/dL)
- Hemolysis up to 0.62 mmol/L (1000 mg/dL)
- Triglycerides up to 5.7 mmol/L (500 mg/dL)
- The results are unaffected by heparin concentrations up to 0.8 U/mL.
- The CoaguChek XS PT Test is insensitive to low molecular weight heparins (LMWH) up to 2 IU/mL antifactor Xa activity.

The action of oral anticoagulants (coumarin derivatives) can be increased or weakened when other drugs are taken simultaneously (e.g. antibiotics, but also prescription-free drugs such as pain relievers, antirheumatic drugs and drugs against influenza).

This, in turn, can also lead to either an increase or a decrease in prothrombin time (INR). Additional drugs should only be taken if prescribed by your physician. If other drugs are taken, it is recommended that the prothrombin time be checked more frequently and that the anticoagulant dose be subsequently adjusted as directed by the treating physician. Anti-phospholipid antibodies (APA) such as Lupus antibodies (LA) may falsely prolong coagulation times, i.e. they may cause false-high INR values and false-low Quick values. Where APA are known to be present, it is imperative that a result be obtained using an APA-insensitive laboratory method for comparison. Hirudin is not neutralized and leads to false-high INR values and false-low Quick values.

**Calibration information for professional users** • Each lot of test strips is calibrated to a reference lot that is traceable to the WHO International Reference Preparations. For the purpose of providing universal INR results, the Mean Normal Prothrombin Time (MNPT) has been established as 12 seconds for healthy volunteers and the International Sensitivity Index (ISI) for the system has been established as 1.

**Performance data**

**Accuracy (method comparison)** • Clinical studies were conducted in which venous and capillary blood results from the CoaguChek XS/XS Plus/XS Pro Systems were compared with venous blood results obtained using the laboratory reference method Innovin (Dade-Behring). The majority of slopes was found between 0.93 and 1.04 for venous results, and between 0.92 and 1.03 for capillary results.

**Reproducibility** • The imprecision of results using capillary or venous blood was INR CV < 4.5 % using capillary blood, and < 3.5% using venous blood in the normal as well as in the therapeutic range.

**Presentation**

Pack containing:

- 6 test strips and 1 code chip, [REF](#) 04625374.
- 24 test strips and 1 code chip, [REF](#) 04625358.
- 48 (2 x 24) test strips and 1 code chip, [REF](#) 04625315.

Some kits shown may not be available in all countries.

**Do not ingest! Keep away from children!**

For references, patents and an explanation of the symbols used please refer to the end of this insert.

**Last update:** 2010-05

For in vitro diagnostic use

**FR** *Bandelettes-test pour la détermination quantitative in vitro du taux de prothrombine\* dans le sang capillaire ou dans le sang veineux non anticoagulé à l'aide des lecteurs CoaguChek XS/XS Plus/XS Pro.*

*Utilisable pour l'autocontrôle.*

\* Egalement connu sous le nom de temps de Quick ou l'abréviation TP

**Principe du test** • Mesure électrochimique du taux de prothrombine après activation de la coagulation sanguine à l'aide de thromboplastine humaine recombinante. Chaque bandelette-test comporte une zone réactive qui contient un réactif prothrombine. Le sang déposé sur la bandelette-test dissout le réactif : il se produit une réaction électrochimique qui est convertie en une valeur correspondant au temps de coagulation. Cette valeur est affichée à l'écran de l'appareil en unités INR.

**Contenu de l'emballage** • Bandelettes-test CoaguChek XS PT, 1 puce d'étalonnage

Ces instructions utilisent deux pictogrammes qui visent à attirer votre attention sur des points importants :

- Ce pictogramme indique que le résultat peut être erroné ou qu'il y a un risque pour votre santé.
- Ce pictogramme vous signale d'autres informations importantes.

**Intervalle de mesure et intervalle thérapeutique** • Le lecteur CoaguChek XS/XS Plus/XS Pro peut afficher les résultats dans les unités suivantes : Rapport normalisé international ou INR (International Normalized Ratio), temps de Quick (%), secondes.

**Les intervalles de mesure sont les suivants :**  
0,8–8,0 INR (5–120% Quick)

Votre médecin traitant vous informera de l'intervalle thérapeutique qui vous est propre.

La relation entre l'INR et le temps de Quick peut varier légèrement en fonction du lot de bandelettes-test CoaguChek XS PT utilisé.

**En cas de résultats en dehors de l'intervalle thérapeutique** • En cas de résultat anormalement élevé ou bas, recommencez la mesure. Si la valeur est toujours en dehors de l'intervalle thérapeutique défini par le médecin traitant, informez ce dernier immédiatement et demandez les mesures à adopter pour parer à un risque d'hémorragie (anticoagulation trop forte) ou de thrombose (anticoagulation trop faible).

**Remarques pour la surveillance de l'INR ou du temps de Quick** • En cas d'utilisation en auto-contrôle par le patient, en complément au traitement prescrit par le médecin, respecter les considérations suivantes. La détermination par le patient de l'INR ou du temps de Quick vient compléter le contrôle médical, mais ne le remplace pas. La surveillance de l'INR ou du temps de Quick représente une sécurité accrue au quotidien pour le patient. Les valeurs obtenues sont à consigner dans un carnet de surveillance (carnet du patient) qui sera présenté au médecin lors de chaque consultation. Le médecin peut ainsi valider plus facilement l'efficacité du traitement.

**Echantillon** • N'utilisez pour l'examen que du sang capillaire frais ou du sang veineux total, sans ajout d'anticoagulants (héparine, EDTA, citrate, oxalate ou autres substances). Si vous vous servez de tubes capillaires n'utilisez que les tubes capillaires spéciaux CoaguChek ([REF](#) 11621173).

**Stockage et conservation** • **A température ambiante (comprise entre 2 et 30 °C) ou au réfrigérateur**, les bandelettes-test se conservent jusqu'à la date de péremption figurant sur l'emballage et sur le contenant des bandelettes.

**Une fois la bandelette-test extraite, rebouchez le contenant immédiatement pour éviter toute détérioration des bandelettes restantes, du fait de l'humidité ambiante par exemple.**

**Matériel supplémentaire nécessaire** • Lecteur CoaguChek XS/XS Plus/XS Pro avec manuel d'utilisation, autopiqueur et lancettes (par ex. CoaguChek Softclix Lancet et Accu-Chek Safe-T-Pro/Plus de Roche). Les professionnels de la santé pratiquant des tests sur plusieurs patients doivent tenir compte du risque potentiel d'infection. Tout objet entrant en contact avec du sang humain est une source potentielle d'infection.<sup>8</sup>

L'autopiqueur CoaguChek Softclix Lancet a été spécialement conçu pour l'autocontrôle par le patient. **Il n'est pas conçu pour le prélèvement de sang sur plusieurs patients ou en milieu hospitalier en raison du risque de contamination.**

**Préalablement à la mesure** • Avant de procéder à la mesure, lisez attentivement le manuel d'utilisation du lecteur CoaguChek XS/XS Plus/XS Pro, afin de vous familiariser avec son fonctionnement.

